### **Session Opening Times**

Sunbeams Play is registered to care for children and young people ages 5 – 19yrs but supports up to 25 years old.

We are open throughout the year; times vary according to term time, school holidays and age.

### **Term Time**

Monday Evenings 12 to 16-year-olds 5pm-8pm

Thursday Evenings Siblings/Young Carers group 4.30pm-7.30pm

Tuesday Evenings 16 to 25-year-olds 5.30-8.30

Friday Evenings Under 8's 4.30pm-7.30pm Saturday Mornings 8 to 12-year-olds 9am-12 noon

### School Holidays (Except Christmas)

Tuesday Evening sessions will remain the same, all other sessions will be moved to the daytime with the Saturday morning moving to Tuesdays 9am-12pm

### Costs

Monday, Friday and Saturday sessions –  $\pounds 6.33$  per hour (minimum of 3 hours) =  $\pounds 19.00$  per term time session.

### **Tuesday Youth Group**

Tuesday sessions –  $\pounds$ 3.33 per hour (minimum of 3 hours) =  $\pounds$ 10.00 per session.

### Siblings/Young Carers group

£1.67 per hour (minimum 3 hours) =  $\pm 5.00$  per term time session.

Discounts available if more than one child is attending, (Sibling discount available if more than one sibling attending).

### **Fortnightly Parent Support Group**

Wednesday (Term time only), 9.30-11.30am, refreshments available. (Time and day may vary)

## **Sunbeams**

A haven for children and young people with Autism

Where to find us Unit 7 Enterprise Court, Gapton Hall Road, Great Yarmouth, Norfolk, NR31 OND



http://www.sunbeamsplay.org.uk Registered as Sunbeams Play Charity No. 1152188



## **Sunbeams**

A haven for children and young people with Autism

### **OFSTED** registered



Providing a fun and safe environment for children and young people 5-25 years old.

For more information or to book a visit please call:

07436 794967 or 01493 442181

### **About Us**

Sunbeams Play is a registered charity, which provides a fun, safe and caring environment for children and young people with ASD to thrive.

We understand how difficult it can be for them to engage in mainstream activities due to a variety of social needs and anxieties. At Sunbeams Play they can relax and play in a comfortable environment, alongside or with others who have similar needs.

From experience and meeting the children we find they love attending as everyone is here for the same reason. They do not encounter 'competition', or the need to behave in a certain way, they can simply be themselves! All of our staff are fully trained and have relevant experience of working with children and young people. Training about Autism and behaviour management is kept up to date at all times, as well as first aid and other relevant courses.

Sunbeams works on a 1:3 ratio, this means for every 3-children/young people there will be 1 member of staff (except the Tuesday Youth Club sessions). We can have up to 15 children/young people in any one session, your child will be invited to attend a two week introduction to the setting during the session appropriate to their age. This enables us to get to know them thoroughly before they start and also for them to get used to staff, the environment and the other children /young people.

## **Our Facilities**

We offer all children and young people an equal opportunity to explore a wide range of resources, these include;

\*A very well equipped sensory room with bubble tube, fibrotic lights, bean bags, cushions, star lights, mirrors and much more.

\*A wide variety of small World and construction

Toys, dinosaurs and trains to Mega blocks and dolls houses.

### \* Imaginative and Role Play; cooking in the wooden kitchen or dressing up in our wide variety of costumes.



\* A large secure garden area with a range of large musical equipment bikes, scooters, balls, parachutes, seating, a sensory

area and space to relax or run around.

\* A craft and messy play area to explore play dough, paint, sticking, corn flour, water, sand and much more for tactile experiences

\* Each age group has their own cupboard full of special toys, board and floor games.

\* Additional items and equipment for the youth group.

Please see individual leaflets for more information

## **Parents**

Sometimes parents and carers need support to, our Parent Support group, lets you meet other parents and carers, share ideas, tips and experiences, ask advice or simply relax in each others company. For those of you that need to talk privately we offer appointments to talk to one of our staff members who can advise on a number of issues. If we can't help we will help you find someone who can.

# Parents and Children's views

"Sunbeams changed my family's life for the better my son is now at school, every week he goes to Sunbeams and sees his friends. He feels safe, has someone to talk to and they have helped us as a family in so many more ways. They are amazing people, so caring, kind & they really DO care". Parent

"Thank you for helping my family and showing my son you care, and you will help him fight his fight". **Parent** 

"Thank you ever so much for everything you do for me and my family" **Young carer** 

"Everyone makes me feel welcome, it has lots of toys and there is lots of space. It's very cool because it is massive" **Service user** 

"It's fantastic to see them enthusiastic about going somewhere. The staff are really friendly and patient and just seem to get him" **Parent** 

"Staff were so understanding with (child's) needs when he first came. They are warm, friendly and helpful" **Parent** 

