

Group Information

We welcome all preschool children but as a centre for autism the group has been set up to support those with additional needs and those on or thought to be on the Autistic Spectrum.

Children attending the group must be preschool and a parent or carer must stay with them.

Parents and carers are asked to join in the activities with the children in their care and staff will be on hand to support with any difficulties.

The group is free to attend, however, as we are a charity that relies on grants and donations we would welcome a small contribution towards running costs and snacks if you are able

There is a small registration form to complete which can be done at first session.

The group runs Fridays term-time only 9.30 to 11.30am.

Please be aware we often invite other services in to share what they can offer notice will be given prior to their attendance.

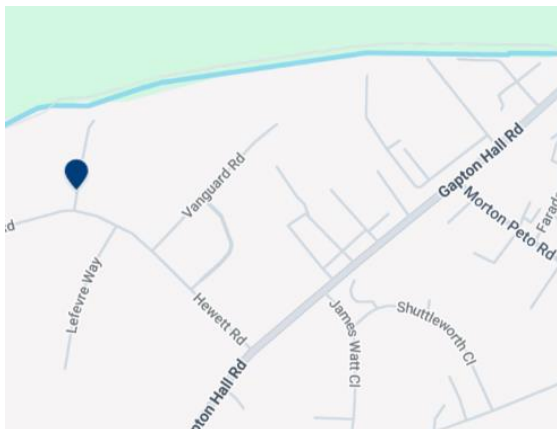
For more information on availability and costs or to book a visit contact us on 01493 442181 or 07484085777

Sunbeams Community Hub

A world in which Autism is celebrated.

Where to find us

Sunbeams Community Hub
Viking Rd,
Gapton Hall Industrial Estate,
Great Yarmouth
Norfolk, NR31 0NU



<http://www.sunbeamsplay.org.uk>

Registered as Sunbeams Play
Charity No: 1152188



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Stay & Play

**Providing fun & safe
environment for all.**



For more information

07484085777 or 01493 442181

Info@sunbeamsplay.org.uk

About Us

Sunbeams Play is a registered charity, which provides a fun, safe and caring environment for children and young people with ASD to thrive.

We understand how difficult it can be for them to engage in mainstream activities due to a variety of social needs and anxieties. At Sunbeams they can relax and play in a comfortable environment, alongside or with others who have similar needs.



From experience and meeting the children we find they love attending as everyone is here for the same reason. They do not encounter 'competition', or the need to behave in a certain way, they can simply be themselves! All our staff are fully trained and have relevant experience of working with children and young people. Training about Autism and behaviour management is always kept up to date, as well as first aid and other relevant courses.

Our Facilities

We offer all children and young people equal opportunities to explore a wide range of resources, these include;

*A very well equipped sensory room with bubble tube, fiber optic lights, bean bags, cushions, star lights, mirrors and more.



*A wide variety of small world and construction toys, dinosaurs and trains to Mega blocks and dolls houses.



* Imaginative and role play; cooking in the wooden kitchen or dressing up with a vast choice of costumes.

* A large secure garden area for a range of activities including football, basket and volleyball.

* A sensory garden, nature area, mud kitchen and space to relax or run around.

* A craft and messy play area to explore play dough, paint, sticking, corn flour, water, sand and much more for tactile experiences

* Books and story sacks encourage listening and the imagination.

Please see individual leaflets for more information on other services

Parents

Sometimes parents and carers need support to, our Stay & Play group, lets you meet other parents and carers, share ideas, tips and experiences, ask advice or simply relax in each other's company. For those of you that need to talk privately we offer appointments to talk to one of our staff members who can advise on a number of issues. If we can't help we will help you find someone who can.

Parents and Children's views

"Sunbeams changed my family's life for the better my son is now at school, every week he goes to Sunbeams and sees his friends. He feels safe, has someone to talk to and they have helped us as a family in so many more ways. They are amazing people, so caring, kind & they really DO care". **Parent**

"Thank you for helping my family and showing my son you care, and you will help him fight his rights". **Parent**

"Everyone makes me feel welcome, it has lots of toys and there is lots of space. It's very cool because it is massive" **Child**

"It's fantastic to see them enthusiastic about going somewhere. The staff are really friendly and patient and just seem to get him" **Parent**

"Staff were so understanding with (child's) needs when he first came. They are warm, friendly and helpful" **Parent**