

(I) Puberty, Sex and Relationships

Number	Title	Author
I1	Gender, Identity, Sexuality and Autism - voices from across the spectrum	Eva A. Mendes and Meredith R. Maroney
I2	Lets talk about body boundaries, consent and respect	Jayneen Sanders and Sarah Jennings
I3	Listen – How to Find the Words for Tender Conversations	Kathryn Mannix
I4	Marriage and lasting Relationships with aspergers Syndrome	Eva A Mendes
I5	Masturbation, Autism and Learning Disabilities – A guide for parents and professionals	Mel Gradd
I6	Personal Hygiene – What’s that got to do with me?	Pat Crissey
I7	Sex and Relationships Education for Young People and Adults with Intellectual Disabilities and Autism	Kelly Asagba, Jan Burns and Sophie Doswell
I8	Talking about growing up – A Workbook for Parents and Children with Learning Disabilities	Lorna Scott and Lesley Kerr-Edwards
I9	Talking Together about Sex and Relationships	Lesley Ker Edwards Lorna Scott
I10	The Autism Friendly Guide to Periods	Robyn Steward
I11	The Boy’s Guide to Growing Up	Phil Wilkinson
I12	The Every Body Book – The LGBTQ+ Inclusive guide for kids about Sex, Gender, Bodies and Families	Rachel E. Simon and Noah Grigni
I13	The Girls Guide to Growing Up	Anita Naik
I14	The Growing Up Guide for Girls	Davida Hartman
I15	Things Ellie Likes	Kate E. Reynolds
I16	Things Tom Likes	Kate E. Reynolds
I17	The Book You Wish Your Parents Had Read (and Your Children Will Be Glad That You Did)	Philippa Perry
I18	Understanding Sexuality: What it means to be lesbian, gay or bisexual (My Life, Your Life)	Honor Head
I19	What’s Happening to Ellie	Kate E. Reynolds
I20	What’s Happening to me- Boy (Facts Of Life) (What and Why)	Alex Frith and Nancy Leschnikoff
I21	What’s Happening to Tom	Kate E. Reynolds
I22	A Modern Approach to the Birds and the Bees: A Parent's Comprehensive Guide to Talking about Sexuality	Robin Pickering
I23	Respect: Consent, Boundaries and Being in Charge of YOU	Rachel Brian
I24	Awesome Autistic guide for Trans Teens	Yenn Purkis and Sam Rose
I25	The Autistic Trans guide to Life	Yenn Purkis and Sam Rose
I26	Supporting Transgender Autistic Youth & Adults	Finn.V Gratton
I27	This is my family – A first look at same-sex parents	Pat Thomas
I28	I have a question Divorce – A book for children with ASD or other needs	Arlen Grad Gaines and Meredith Englander Polsky
I29	The Big Book of LGBTQ+ Activities	Amie Taylor
I30	The Every Body Book – Inclusive guide for kids about sex, gender, bodies and families	Rachel E Simon, LCSW