# Sunbeams Play January 2019 A haven for children and young people with Autism A haven for children and young people with Autism A haven for children and young people with Autism

# **Play Workers Needed**

Sunbeams Play is a registered charity in Great Yarmouth with an Outstanding Ofsted rating which provides a fun, safe and caring environment for children and young people with an autistic spectrum disorder or linked condition. We require an experienced play worker initially for Monday 4.30-8.30pm and Friday 4-8pm during term time moving to mornings during school holidays. (Occasional extra hours available).

#### Requirements:

- Level 3 in Childcare (or working towards)
- Experience of children and young people with Autism and related conditions
- Understanding of EYFS principles
- · A DBS check will be carried out

On-going training offered to ensure up to date knowledge. Closing Date 8<sup>th</sup> February

# 1-2-3 Magic

Effective Discipline for Children 2 -12

1-2-3 Magic provides an easy-to-learn parenting programme, helping parents build strong, positive relationships with their children and overcome difficult behaviour. Developed by clinical psychologist, Thomas W. Phelan, Ph.D. and recommended by ADDiSS to support children with or without additional needs.

FREE for parents and carers of children and young people attending Sunbeams Play.

Professionals £25.00 per person

Parents and carers outside of Sunbeams £15.00 per person

The 1-2-3 Magic programme runs for 2 hours a week for 4 weeks.

Wednesdays 10am – 12 noon May 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>



A 6-week parenting programme providing the opportunity to gain further understanding of your child or young person's needs (5-18yrs) through skills, strategies and knowledge covering:

- Autism and diagnosis
- Communication
- Sensory issues
- Understanding behaviour
- Managing behaviour
- Final session is chosen by parents/carers

FREE for parents and carers
of children and young people attending
Sunbeams Play. Parents and carers outside of
Sunbeams are welcome to attend for £20 per
person

Professionals for £35.00 per person Wednesdays 9.30am12pm June 12<sup>th</sup>,19<sup>th</sup>, 26<sup>th</sup> July 3<sup>rd</sup>,10<sup>th</sup>, 17<sup>th</sup>

## **Training**

Our parenting programmes are free to parents and carers of the children and young people attending Sunbeams group sessions.

Each programme has a set number of weeks

123 Magic runs over 4 weeks

Cygnet over 6 weeks with an **optional** 4 weeks covering Puberty, sexual awareness and relationships (dates for this will be discussed during core programme)

To get the full benefit all sessions must be attended please check that you can attend all dates listed prior to booking/accepting a place.

## **Dates for your Diary**

Parent Support Group (Term time only) (Fortnightly term time). Children welcome Thursday January 24th 9.30-11.30am

#### Lego Club (Term time only)

Dads and male carers welcome Wednesday January 23rd 5.30-8pm

**Half-term Session dates** 9-4pm (Mornings or full days available)

Monday 18<sup>th</sup> February Wednesday (Sat group) 20<sup>th</sup> February Thursday (Siblings) 21<sup>st</sup> February Friday 22<sup>nd</sup> February (Morning only)

Tuesday Youth Group remains at 5.30-8.30

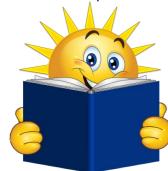
#### **Trips/events**

Hippodrome Circus Sunday 14<sup>th</sup> April 4.30pm Iceni Chapter Easter Egg Run 22<sup>nd</sup> April Sunbeams Fete and Auction 3<sup>rd</sup> August Banham Zoo Saturday 31<sup>st</sup> August

Further information to follow nearer events

In February and March we will be the named charity for the second hand book stand in the Great Yarmouth Tesco.

All money raised over the two months will help to fund Sunbeams trips, parent workshops and the youth group



If you have any spare books you can donate please bring them into Sunbeams.

Thank You

#### For further details

Call us on 01493 442181

Manager Monica Bates 07436 794967 Support Coordinator Sue Carr 07484 085777

> info@sunbeamsplay.org.uk http://www.sunbeamsplay.org.uk



We would like to invite you all to join us at the Hippodrome Circus on Sunday 14<sup>th</sup> April 4.30pm. Booking forms have been provided if you haven't got yours please ask

We have a limited number of tickets so please book early to avoid disappointment

#### Can You Help Us?

Do you have any unwanted gifts, you could donate for Tombola or raffle prizes, reusable gift or bottle bags or would you like to become a Friend of Sunbeams, bake cakes, carry out odd jobs or help at fundraising events.



Sunbeams Play receives no government funding so we continually find ways to the raise the money needed to provide children and young people attending with extra activities such as the Summer parties. Please help us by

taking part in our fundraising events, raffles and games.

Contact the office for more information.

