



Christmas Closure

Last Group Sessions as follows:

Dad's Lego Club 19th December

Parent Support Group 13th December

Monday session 17th December

Tuesday session 18th December

Young Carers 20th December

Friday 21st December

(Saturday) Wednesday session 19th
December

Father Christmas will be visiting on
Wednesday and Friday for the younger
groups

Helping Us to Help You

As you know Sunbeams relies on fundraising events to collect the money needed to provide everyone attending the opportunity to enjoy our parties and trips at Easter, during the summer and at Christmas. If you can support in any way please come along to any of the following.



Bag Packing 24th November

Parents, staff and children or young people are invited to join us at the Tesco Store in Great Yarmouth to raise money by packing customers shopping.

Christmas Craft Fair

5th December 10am-4pm

Sunbeams Play is taking part in the craft fair being held by the Twinning Association in the Town Hall. Come along and visit us at our table full of Christmas gifts.



Grass



We are pleased to say we have raised the money needed to resurface the garden area.

Staff from Tesco have been staining

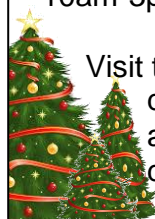
the fences, providing the materials and time to complete it.

Work will begin on the 26th November, during which time the garden will not be available for outside play. We will do our best to keep the area mud free but please take care when walking through.

Christmas Tree and Crib Festival

Friday 7th – Sunday 16th December

10am-3pm in St Nicholas Church, Church Plain, Great Yarmouth.



Visit the wonderful display of trees and cribs designed by local businesses, schools and charities. We will have our own display raising awareness of Autism.



Raffle

Tickets for our Christmas raffle are now on sale 50p each or £5 a book. Once again we will be sending a book home for you to sell to friends and family. Please return the book if you do not want the tickets or the stubs if you sell them. Thank You

Trustees

Since it's beginning Sunbeams Play has evolved, developing new services, providing support for parents and siblings as well as children and young people

affected by Autism.



Over the last few months our Trustees Board has been evolving to and we are sad to say goodbye to



Liz Prentice and Keith Bendell.

As we move on we have exciting new times ahead and along with the remaining members we would like to welcome three new trustees.



Tracey Hicks
Chair of Trustees, who many of you will know from our training and workshops

Charles Watts
Charles currently the High Sherriff of Norfolk has joined the trustees as Treasurer



Ben Dorsett
Parent Trustee
You will see Ben around the centre and supporting fundraising events.



Coming in 2019

We are already planning next year's events including a trip to the circus, a summer fete and our summer trip which will be held at Banham Zoo.



For further details

Call us on 01493 442181

Manager Monica Bates 07436 794967

Support Coordinator Sue Carr 07484 085777

info@sunbeamsplay.org.uk

<http://www.sunbeamsplay.org.uk>



Personality Disorders

December 12th 2018

COURSE OBJECTIVES

This session is an introduction to Personality Disorders to help encourage understanding and empathy to improve support to people living with a diagnosis

- To gain an understanding of Personality Disorder including the different types
- To explore the different ways in which a person with a personality disorder is affected by the condition
- To understand underlying needs & the factors that impact on certain behaviours

Sunbeams Play

Unit 7, Enterprise Court,
Gapton Hall Road Great Yarmouth, Norfolk, NR31 0ND
6 - 9pm

£5 per person
(Parents/carers of Sunbeams Children and Young People free)

To reserve your place please contact:
Monica or Sue on 01493 442181

Norfolk
Community
Foundation



New Year Opening

Groups return as follows:

Young Carers 3rd January

Friday session 4th January

Saturday session 5th January

Monday session 7th January

Tuesday session 8th January

Dad's Club 9th January

Parent Support Group 10th January

We wish you all a very

Happy Christmas

and look forward to seeing you in the
New Year.

