



A world in which Autism is celebrated.

Registered Charity No. 1152188

Health and Safety

23. Nappy and Pad Changing.

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents/carers towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Key persons have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'.
- Key persons are monitored whilst they undertake changing children in their key group, back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay children if they need to have their bottoms cleaned.
- Parent/carer brings their own nappies, pads or 'pull ups' which are left in the child's own bag.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in children.

- Children are encouraged to take an interest in using the toilet, they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing, they avoid pulling faces and making negative comment about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies, pads and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or 'pull ups' is flushed down the toilet and the nappy or 'pull up' is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent/carer to take home.
- NB If children are left in wet or soiled nappies/'pull ups'/pads in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was adopted on

20th April 2015

Policy updated

August 2025

Date to be reviewed

April 2026

Signed on behalf of the management committee

Name of Signatory Susan Carr

Role of Signatory Manager

Reviewed By	Date
Sue Carr	24/04/2024
Sue Carr	18/08/2025