

# Sunbeams Play

Registered Charity No. 1152188

## Safeguarding Children and Young People

### 1. Children and Young People's Rights and Entitlements.

#### Policy statement

- We promote children/young people's right to be *strong, resilient and listened to* by creating an environment in our setting that encourages children and young people to develop a positive self-image, which includes their heritage arising from their colour and ethnicity, their languages spoken at home, their religious beliefs, cultural traditions and home background.
- We promote children and young people's right to be *strong, resilient and listened to* by encouraging children and young people to develop a sense of autonomy and independence.
- We promote children and young people's right to be *strong, resilient and listened to* by enabling children and young people to have the self-confidence and the vocabulary to resist inappropriate approaches.
- We help children and young people to establish and sustain satisfying relationships within their families, with peers, and with other adults.
- We work with parents/carers to build their understanding of, and commitment to, the principles of safeguarding all our children and young people.

**What it means to promote children and young people's rights and entitlements to be '*strong, resilient and listened to*'.**

#### To be strong means to be:

- secure in their foremost attachment relationships where they are loved and cared for, by at least one person who is able to offer consistent, positive and unconditional regard and who can be relied on.
- Safe and valued as individuals in their families and in relationships beyond the family, such as day care or school.

- Self-assured and form a positive sense of themselves – including all aspects of their identity and heritage.
- Included equally and belong in all settings schools and in community life.
- Confident in abilities and proud of their achievements.
- Progress optimally in all aspects of their development and learning.
- Part of a peer group in which to learn to negotiate, develop social skills and identity as global citizens, respecting the rights of others in a diverse world.
- To participate and be able to represent themselves in aspects of service delivery that affects them as well as aspects of key decisions that affect their lives.

**To be resilient means to:**

- Be sure of their self-worth and dignity.
- Be able to be assertive and state their needs effectively.
- Be able to overcome difficulties and problems.
- Be positive in their outlook on life.
- Be able to cope with challenge and change.
- Have a sense of justice towards self and others.
- Develop a sense of responsibility towards self and others.
- Be able to represent themselves and others in key decision making processes.

**To be listened to means:**

- Adults who are close to children and young people recognise their need and right to express and communicate their thoughts, feelings and ideas.
- Adults who are close to children and young people are able to tune in to their verbal, sign and body language in order to understand and interpret what is being expressed and communicated.
- Adults who are close to children and young people are able to respond appropriately and, when required, act upon their understanding of what children express and communicate.
- Adults respect children and young people's rights and facilitate children's participation and representation in imaginative and child/young person centred ways in all aspects of core services.

This policy was adopted on

20<sup>th</sup> April 2015

Policy updated

April 2020

Date to be reviewed

April 2021

Signed on behalf of the management committee

Name of Signatory

Role of Signatory

Reviewed By	Date