

# 1-2-3 Magic

Effective Discipline for Children 2 -12

Parents/Carers

## Behaviour Management Programme

1-2-3 Magic provides an easy-to-learn parenting programme, helping parents build strong, positive relationships with their children and overcome difficult behaviour. Developed by clinical psychologist, Thomas W. Phelan, Ph.D. and recommended by ADDiSS to support children with or without additional needs

It is one of the bestselling behaviour management programs in the country! The 1-2-3 Magic program puts parents back in charge and is proven to be effective, produce results quickly, and is the only parenting program based on the fact that parents talk too much!

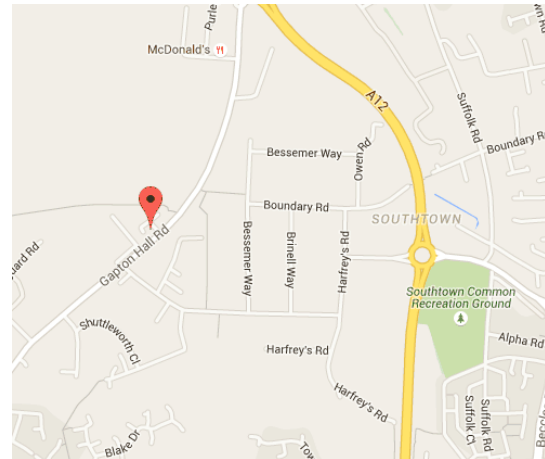
Those attending are given the opportunity to meet with other parents who have had similar experiences and to gain support and learn from each other

# Sunbeams Play

A haven for children and young people with Autism

### Where to find us

Unit7, Enterprise Court,  
Gapton Hall Road  
Great Yarmouth'  
Norfolk, NR31 OND



<http://www.sunbeamsplay.org.uk>

Registered Charity No: 1152188

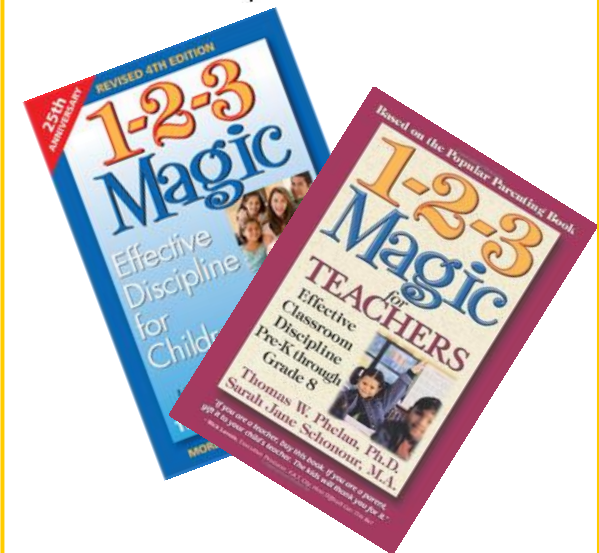


# Sunbeams Play

Parent Programmes

# 1-2-3 Magic

Effective Discipline for Children 2 -12



For more information

07436 794967 or 01493 442181

## Sunbeams Play;

are licenced providers of the 123 Magic Behaviour management Programme.

## Parents Programme

A behaviour management programme that puts you back in control!

An evidence-based, easy-to-learn effective parenting program which can be used with children as early as 18 months through to 12 years.

1-2-3 Magic provides parents with the skills to take control, but no arguing or shouting is allowed.

It produces quick results and its power comes from the fact that it is the only parenting program based on the fact that mum and dads talk too much! You will learn how silence speaks louder than words.

Parents learn to deal with the six kinds of testing and manipulation, and they discover the 10 steps for building self-esteem in children.

In addition to controlling difficult behaviour, parents need to know how to encourage good behaviour so they can enjoy their children and relate to them with warmth and affection.

Please ask if you are interested in taking part or would like more information.

It was hard at first but silence really does get easier!

For the first time in a long while the house is calm.

My children have been manipulating me for ages. I didn't know that's what they were doing

I can't believe how simple it was



## 123 Magic for Teachers

Nothing can undermine a classroom environment more quickly than a host of minor disruptive behaviours. 1-2-3 Magic provides proven strategies and solutions to help educators and teachers create a climate that's conducive to learning.

1-2-3 Magic in the Classroom offers advice and strategies for teachers eager to develop better discipline. Developed by clinical psychologist, Thomas W. Phelan, Ph.D. and recommended by ADDiSS to support children with or without additional needs, has been used for over twenty-five years by parents, teachers and other care givers providing practical methods for eliminating disruptive behaviour, encouraging communication and productive work habits.

Clear lessons and straightforward language show teachers how to measure discipline in a classroom environment, as well as how to handle difficult situations like assemblies, lunchtime, and field trips.

Flexible 'In House' Training sessions available for educational settings.